

Term Time activities

Mini Movers – Soft Play – Brendon Lawrence Sports Centre

Monday, 9:30am to 11am

Ages 0 to 4 – £1.50 per child – **Book your place** bookwhen.com/renewaltrust



Cherry Lodge Garden Volunteering – Cherry Lodge Gardens

Mondays 10am to 12pm

Ages 18 and over – **Contact us**



Community Health Hub (monthly)

Mondays, 11am to 1pm – Cherry Lodge (2nd Monday of the month)

Mondays, 11:30am to 1:30pm – The Chase Neighbourhood Centre (4th Monday of the month)

All ages – Free – **No need to book, just turn up**



Feel Good Digital – Cherry Lodge

Mondays 2pm to 4pm

Free – **Drop in, no need to book**



Tuesday Social – Cherry Lodge

Tuesday 9:30am to 2:30pm

All ages – Free – **Drop in, no need to book**



Chatty Cake Cafe and Chatty Cafe goes for a walk (monthly) – Cherry Lodge

Tuesday 9:30am to 11am – monthly third Tuesday of the month

All ages – Free – **Drop in, no need to book**



Healthy Goals – Brendon Lawrence Sports Centre

Tuesday 6pm to 7pm (ages 11 to 16) and **7pm to 8pm** (ages 16 and over)

Free – **Book your place** bookwhen.com/nfct



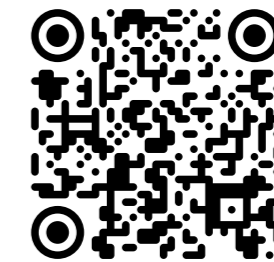
Brendon Lawrence Sports Centre

35 Hungerhill Road
NG3 4NB



Cherry Lodge

King Edward Park,
Carlton Road
NG3 2AS



To find out more

Phone

0115 911 2226

Email

enquiries@renewaltrust.org.uk

Follow us on social media

Visit our website

renewaltrust.co.uk

Mini Movers – Outdoor Play – Cherry Lodge

Wednesday, 9:30am to 11am

Ages 0 to 4 – £1.50 per child – **Book your place** bookwhen.com/renewaltrust



Feel Good Gold – Cherry Lodge

Wednesday 11:30am to 1:30pm

Ages 60 and over – £2 contribution – **Contact us to find out more**



Warm up Wednesdays – Cherry Lodge

Wednesday 4:30pm to 6:30pm

All ages- Free – **Contact us to find out more**



Wicketz – Brendon Lawrence Sports Centre

Wednesday 6pm to 7pm

Ages 8 to 16 – Free – **Find out more:** lordstaverners.org



Yoga (women only session) – Cherry Lodge

Thursday 2:30pm to 3:30pm

Ages 16 and over – £5 per session – **Book your place:** bookwhen.com/renewaltrust



Ace (cricket) – Brendon Lawrence Sports Centre

Thursday 5:30pm to 7pm

Ages 8 to 16 – Free – **Find out more:** trentbridge.co.uk/ace-programme



Feel Good Live Well – Cherry Lodge

Friday 10am to 12pm

Contact us to find out more



Mini Movers – St Ann's Valley Library

Friday 10am to 10:45am

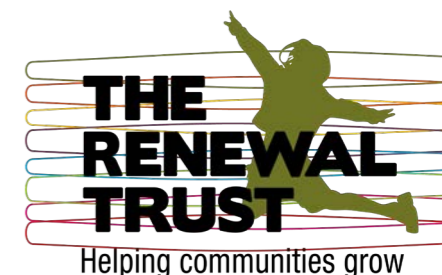
Ages 0 to 4 – Free for local residents – **Find out more:** nottinghamcitylibraries.co.uk



PL Kicks (football) – Brendon Lawrence Sports Centre

Friday 6pm to 7pm (ages 8 to 11) and **7pm to 8pm** (ages 12 to 15)

Ages 8 to 11 and 12 to 15 – Free – **Book your place:** bookwhen.com/nfct



Term Time Activities



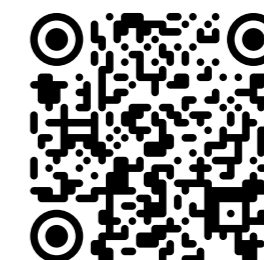
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