

Mini Movers is a weekly (term time) play session for ages 0 to 4. Sessions include indoor play activities, outdoor play activities, games, dance, songs and stories

Sessions are funded by Children in Need and are designed to help children develop and grow in a fun and safe environment.

There are four weekly Mini Movers sessions during term time, including Mini Movers - Soft Play and Mini Movers - Outdoor Play - free play activities, songs and stories and Mini Movers Welcome and Mini Movers with Boogie Beat Music and Movement which include music, song and dance.

This year also saw a few Mini Movers Specials - including the Mini Movers Teddy Toddle raising money for children in Need, a session to celebrate International Story Telling Week and two summer sessions.



September 2024 to August 2025 in numbers

118 sessions

37 soft play sessions

39 outdoor play sessions

13 Welcome sessions (since April 2025)

20 Library sessions (since March 2025)

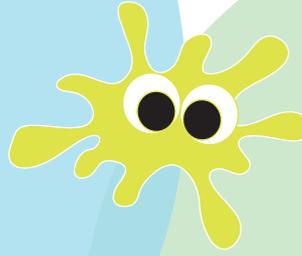
4 Mini Movers Specials

1,179 attendees (children, parents/carers)

3 volunteers



Mini Movers



This year we asked parents and carers how they thought Mini Movers helped their children and here's what they said:

96% said Mini Movers helped their child increase their physical activity.

89% said Mini Movers helped their children make friends.

93% said Mini Movers improved their child's ability to learn language and vocabulary.

93% said Mini Movers improved their child's gross motor skills.

80% saw an improvement with fine motor skills.

Improvements and confidence increased with walking, running, jumping, climbing, and balancing, as well as many children learning new skills such as riding scooters and throwing balls. The sessions also helped them practise and gain confidence in grasping, holding, pouring and manipulating objects.

93% said Mini Movers improved their child's social interactions.

65% said it supported their child in regulating their emotions.

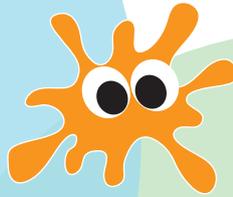
Social interactions improved through play and opportunities to share, communicating with others, learning to take turns, making friends and engaging in group activities.

98% of parents felt involved in Mini Movers sessions

96% saying attending the sessions helped with their health and wellbeing.



Mini Movers



And here's just a few things parents said about the sessions

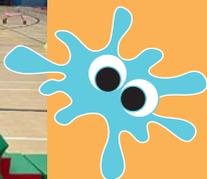
"Lots of variety and very friendly atmosphere."



"It has been a safe space for me to go with two small children. I have made friends and it's a great place to meet up with friends with kids of similar age. The kids love the big open space and look forward to getting a snack and songs/books at the end. My little boy especially loves helping with putting everything away at the end! A great class and wonderfully run."

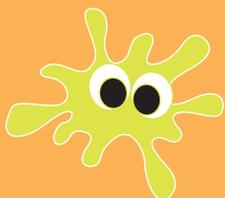
"I like that there's different activities and themes each week. I can see what my daughter has enjoyed playing with and it gives me ideas about activities to do at home. It's a great opportunity for us both to socialise and get out for a couple of hours."

"A lovely friendly welcoming place to come for both children and adults"



"The range of activities and that we feel part of a group. Everyone is very friendly... It feels like a real family space where everyone is included. We also get books from the book swap and we enjoy eating a snack with everyone and having the quiet time. My daughter is always ready for a nap afterwards."

"It has given my daughter the opportunity to explore new ways to play and the freedom to play how she likes, as we don't have the space at home for her to run around as much as she wants."



"Set in nice grounds, so is good for children to explore, run around and use lots of energy up."